



 2020
Footprints on our Hearts
Walk & 5k

**Sunday, October 4, 2020
at Hubbard Park, Meriden, CT**

WHY I HOPE QUILT

Hope After Loss helps our family to know we're not alone. It also helps us know people around us can help support our family.

- Madison Luntta, Ava & Kiley Luntta's sister

I felt both validated in my emotions and saddened by this common experience that it seemed no one really talked about.

- Kelly Smith running for Baby Smith & Baby Mierzejewski

Infant loss is very real and very prevalent. Hope After Loss brings awareness and hope to people, and can be a support in someone's life.

- Marissa, Eric & Trinity's Mother

I am participating by answering the Why I hope for the quilt. It makes me happy when others think of my brother and I know he isn't forgotten.

- Gulianna Pinto for Rylan Pinto my brother

Amazing gifts of life, love and hope for the future come from this inspiring group. The world is a better place knowing they are there to walk alongside anyone who feels alone in their loss.

- Julie Perry friend to Sam's grandmother

When you feel like no one can truly fathom the heartache you're going through or when you feel completely isolated in your grief, having support from those who have been through it can be the best kind of medicine.

- Dana Romano, mommy to Julian Daniel Romano

Hope After Loss helps us remember my brother and sister. We don't want to forget about the people we can't see. We love them and miss them.

Love, Ethan, Aaron and Julie Le Borious' brother

I am running in the Hope After Loss 5K because it's a way for me to remember my little brother and also to help others. It's a great event for a great cause.

- Richie, Gus's Brother

We support Hope After Loss, an organization near and dear to our hearts that continues to help other families get through their tragic loss.

- Gina Healy, mother of Hannah Ann Healy

Each week we shared a brief story about why people were going to participate in this year's Hope After Loss Footprints On Our Hearts Walk & 5K. We decided to make a "quilt" with graphics we used each week in our Facebook posts and Email campaigns.

Thank you to everyone who participated in the Why I Hope Campaign. Feel free to write your own story and email it into us. We may use it in one of our newsletters, emails or posts to promote Hope After Loss.

info@hopeafterloss.org

Letter from Chair of Board of Directors of



October 4, 2020

Dear Beloved Community,

On behalf of the Hope After Loss Board of Directors, it is my privilege to welcome you to the 10th annual Footprints on our Hearts Walk & 5k.

What a year this has been! While the pandemic has brought so many events and organizations to their knees, Hope After Loss is still standing. This amazing group of board members along with the wonderful employees of Hope After Loss worked tirelessly to find alternative ways to bring hope to our community during these unprecedented times. Hope After Loss has continued to offer burial and cremation support, outreach and education along with weekly support groups that were seamlessly moved online.

Thank you to our Diamond Sponsor for today's event, Bartlett Legal Group. Your continuous support of Hope After Loss is so very appreciated. In addition, thank you to our Annual Sponsors, Event Sponsors, Circle of Hope members, and donors for making the work of Hope After Loss possible. Without you we wouldn't be able to assist 6-7 families per month with burial and cremation assistance, train facilitators or provide education to our healthcare professionals.

This year has also brought about major changes, internally, at Hope After Loss. This month, we will be saying goodbye to two employees who were the heart of Hope After Loss. While we wish them both well in their new adventures their absence will be felt by our Executive Director, the Board of Directors, but most importantly, by our community. Amber Smiley has a gift for working with bereaved parents and has poured her heart and soul into ensuring each and every family feels supported and heard. Amber is a force and she is currently pursuing her doctoral degree! Her partner in crime, Marisa, has worked tirelessly at making sure all of HAL's graphics, printed materials and website content is up-to-date and beautiful. Did you know Marisa is also an artist? Her watercolors are stunning! Marisa and Amber, your time at Hope After Loss may have come to an end but you have left behind a legacy and we thank you.

Thank you,

Katie

Katie Christenson
Chair, Board of Directors



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Virtual Walk & 5K

Log on to

<https://www.hopeafterloss.org/2020-participant-forum>
to either participate in the Remembrance Walk, run a 5K
or watch the Remembrance Ceremony!

REMEMBRANCE WALK PARTICIPANTS

Download a banner to take photos with and find ideas on how to complete your walk. For more ideas or to share yours, [join our forum discussions here.](#)

Download Walk Instructions

Download Printable Banner

Watch 'Walk With Us' Video

REMEMBRANCE CEREMONY

This is where the ceremony video(s) will be premiering at 10AM on Sunday, Oct. 4

Download Event Program

Watch Ceremony Video on 10/4/20

5K RUN PARTICIPANTS

Download a bib and information on how to complete the run, then come back and [submit your 5K Run Time here!](#)

Download 5K Instructions

Download Printable Bib

Submit 5K Run Time

Just like the Lotus we too have the ability to rise from the mud, bloom out of the darkness and radiate into the world

Remembrance Program

*Join us any time after 10AM on Sunday, Oct. 4 to watch
our Remembrance Ceremony!*

<https://www.hopeafterloss.org/2020-participant-forum>

Master of Ceremonies - Tamara Akanno

Video 1 - Welcome & Lotus Poem -

Tamara Akanno & Christine Pinto

Video 2 - Hope After Loss - Christina Mailhos

Video 3 - Emerging from the Mud - Katie Christenson

Video 4 - Poetry Reading - Dr. Michael Berman

Video 5 - Community Speakers - Dana and Dan Romano

Video 6 - Our Babies - Community Members

Video 7 - Musical Offering - Brittany Kammerer singing

*Video 8 - A Message From Our Diamond Sponsor -
Frank Bartlett*

*Video 9 - Walk With Us - Jill Nessi performing her
original song, "Remember Me"*

“Hope”

by Michael R. Berman, M.D.

“Though our spirits may fade and our viscera bleed, we are enabled by the agents of our humanity empowered by ancestral song and promise.”

*When roses lose their loveliness,
When rivers cease to flow;
When sunlight fails to warm the air,
When stars no longer glow;
When birds cannot take to flight,
When a ruby’s luster fades;
When leaves refuse to fall from boughs,
When trees cannot give shade;
When fields of flowers wither,
When clouds cease making rain;
When mountain ranges cast no shadows,
When prairies cannot grow grain;
When these natural wonders end,
When there’s no dawn or dusk;
When all life’s miracles cease to be,
Only then will hope be lost.*

2020
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Walk & 5k

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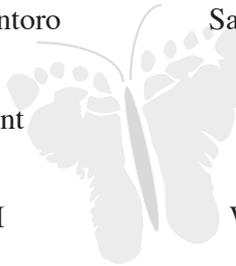
Tiffany Spinatto

***For details on how to become a member of the Circle of Hope,
please visit our website: www.hopeafterloss.org***

In Remembrance

Aaron Edward
Aliya Christina Mpiana
Amari Akanno
Andrew & Joseph Esposito
Andrew Jameson Calvo
Arthur John Director
Michael Edward Clinton
Ava and Kiley Luntta
Aveline Charlotte
Baby Hall
Baby M
Baby Smith
Briggs Thomas Munton
Christian Ezekiel Ramos
Christopher Eugene Mott
Connor Jackson
Danny Rosamilia
Destiny Rose Terrero
Francesca Elise Brown Santoro
Grace Marie Arpino
Babylove Arpino
Greyson Michael Sargent
Gus Mailhos
Hannah Ann Healy
Horst Hugo Wagner II
Jace William Jones
Jack
Jack Wizeman
James Joseph Hrinak
Jameson Alexander Price
Jasper Sagan Smiley
Aiden Oliver Sondrol
Lachlan Micheal Eagle Mueller
David Adams
Kayla Candelora
Jaxen S. Byrd
Julian Daniel Romano
Kate Vieira
Klara Gail Elek
Liam Jai Stone
Lilliana Redente
Lillie Hilaire
Noah Hilaire
Jellybeans

Littlest Laro & Evie Laro
Jordan Kycia
Mabel Constantino
Madison Kycia
Max Neil Kennedy
Michael Edward Clinton
Morgan Anthony & Mark Alan
Myles Gabriel Salem
Nicholas Egri
Nicholas Robert Reed
Noah John Foley
Nora Kimberly Nelly
Oliver Jacob Valentin
Parker Murphy
Patrick and Henry
Rachel Helen Shea
Rylan Michael Pinto
Samuel
Samuel Morgan Christenson
Samuel Oliver Valentin
Samuel Paul O'Donnell
Sergei Statkevicius
Thomas Yiannis Hood
Tony Asmus Silva
Warren Nicholas Wilkins
Mary Ann Wilkins
Dev Rai
Daniel Hamish Deitchman
"Baby Dionne"
Emma Rose Dionne
Fiona Alannah Donovan
Robbie Watson
Thomas James McIntosh
Hannah & Michael Steigleder
Joseph Sprinkle Pacelli
Vincent Pacelli
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Lucy Aksoy
Baby Aksoy
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Denise Sanders Aksoy

*Thank you for
sharing yourself and
your babies with us.
We continue to be
touched and
inspired by you!*

- Hope After Loss



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SPECIAL THANKS

Dr. Michael Berman for sharing his poem “Hope” with us.

Jill Nessi and Brittany Krammerer for their musical contributions.

Kim McIntosh for making over 200 masks for our registrants and to Katie Christenson for purchasing all the fabric.

Gulianna & Christine Pinto for making all of our special hearts for the “heart tree” and for supplying all of the seed packets.

Jenna Rice for editing together the “Our Babies” video.

Peggy Rosamillia for making the lotus remembrance crafts included in the event packets.

Jasmine Blenau and Olivia Balloveras for video production.

The Family of Denise Sanders Aksoy in memory of Denise and her babies
Anna Elizabeth Aksoy, Lucy Aksoy and Baby Aksoy

Shubert Theatre for raffle donation
Madison Country Club for raffle donation
Arnold’s Jewelers for raffle donation



Footprint Friends

Hope After Loss would like to recognize those walkers and teams who raised at least \$500. All of our Footprint Friends are listed on <https://www.hopeafterloss.org/2020-participant-forum>

Footprints on our Hearts Walk & 5K Committee

Kim Nelly
Christina Mailhos
Amber Smiley
Chris Smiley
Marisa Calvo
Katie Christenson
Meghan Jackson
Peggy Rosamilio
Tamara Akano
Jennifer Cretella
Jacquelyn Klug
Christine Pinto
Alesandra Cornelio

Interested in joining the Walk Committee for next year?

Email: christinam@hopeafterloss.org

Hope After Loss, Inc. is a 501c organization.

All donations are tax deductible to the extent allowed by Law.

EIN:06-1500439



HOPE

After Loss[®]

~ *Our mission* ~

Hope After Loss, Inc.

*helps those who experience pregnancy and
or infant loss*

*to find the inspiration of hope
by providing
connections, comfort and care.*



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*“ I contribute to Hope After Loss
because I know what a great resource it is for
families, and I want to ensure that
Hope After Loss is able
to continue helping families into the future. ”*

-Frank Bartlett

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